Linen stitch wrap

Using 4mm needles & a long cable
Cast on 600 stitches (yes 600!) If you get to the end of the first row and theres a miscount on the cast on, don't worry theres a version for both even & odd numbers of stitches
The even version;

CO even number of stitches.
Row 1 (RS): *k1, yfwd, sl1, yb; rep from * to end.

Row 2 (WS): *p1, yb, sl1, yfwd; rep from * to end. The odd version;

CO odd number of stitches.
Row 1 (RS): *k1, yfwd, sl1, yb; rep from * to last st, k1.

Row 2 (WS): p2, *yb, sl1, yfwd, p1; rep from * to final two sts, p2.

To make a fringe on the edges leave a 3 inch tail at both ends and tie together every few rows.

Repeat rows 1 & 2 until your wraps as wide as you would like it to be and uses a stretchy cast off to finish your wrap.